

NON-GLUTEN MENU

GRAZING & SHARERS

NOCELLARA GREEN OLIVES  162kcal Maldon sea salt	4.50
ROASTED & SALTED CASHEWS  466kcal	4.50
CARAMELISED CHILLI HONEY NUTS  726kcal Cashews, pecans, pistachios	4.75
BAKED CAMEMBERT  1130kcal Pistachios, apricots, chilli infused honey, extra virgin olive oil, non-gluten bread	12.95

SMALL PLATES

SPICED HUMMUS  392kcal Non-gluten bread, extra virgin olive oil, pomegranate seeds, coriander cress	6.50
CURRIED CAULIFLOWER WINGS  274kcal Madras batter, mango relish, chilli flakes, spring onion	7.00
TOMATO & BASIL SOUP  416kcal Non-gluten bread	7.00
TEMPURA PADRON PEPPERS  307kcal Maldon sea salt, smoky chipotle mayonnaise	7.00
HALLOUMI FRIES  737kcal Tracklements chilli jam, garlic and parsley mayonnaise, pomegranate seeds	7.50
KING PRAWNS PIL PIL 603kcal Chilli, garlic and parsley butter, non-gluten bread	8.00

PUB CLASSICS

HAM & EGGS 830kcal Honey roasted ham, fried free range eggs, triple-cooked chips	13.95
HUNTERS CHICKEN 1192kcal Grilled chicken breast in BBQ sauce, topped with smoked streaky bacon and Cheddar cheese with triple-cooked chips, house slaw	15.25

SIDES

TRIPLE-COOKED CHIPS  448kcal	4.00
SWEET POTATO FRIES  549kcal	4.50
HOUSE SLAW  283kcal	2.50
SEASONAL GREENS  111kcal	3.00
HOUSE SALAD  128kcal Gem lettuce, baby spinach, diced cucumber and beef tomato, red onion, red peppers, grated carrot, lemon, extra virgin olive oil dressing	3.50

MAINS & BURGERS

CHIMICHURRI SHREDDED CHICKEN RICE BOWL 986kcal Brown rice, kale, paprika chickpeas, baby spinach, fennel, flat leaf parsley, seeded avocado, pomegranate seeds, sour cream dressing, grilled lemon	15.50
GRILLED SALMON 543kcal Fennel, cucumber and baby potato salad, red chillies, grilled lemon, sour cream dressing, flat leaf parsley, mint, pomegranate seeds	16.50
28 DAY AGED SIRLOIN STEAK 1160kcal Chargrilled 8oz sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce, dressed house salad	20.00
WAGYU BURGER 1044kcal 6oz Wagyu beef patty, non-gluten bun, gem lettuce, beef tomato, pickled gherkins, triple-cooked chips	16.00

Add Barber's vintage Cheddar 351kcal, smoked streaky bacon 156kcal 1.50 each


Swap fries to sweet potato fries +20kcal **2.00**

SANDWICHES

SERVED MON-SAT UNTIL 5PM

Served on non-gluten bread with a mug of triple-cooked chips 347kcal or a dressed house salad 127kcal
Swap fries to sweet potato fries +20kcal **2.00**


CBLT SANDWICH 645kcal Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce, mayonnaise	9.00
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AHT SANDWICH  789kcal Avocado, halloumi, tomato, dill oil, Tracklements onion marmalade	9.00
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STEAK SANDWICH 520kcal 4oz sirloin steak, Tracklements onion marmalade, gem lettuce, horseradish	9.50
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PUDDINGS 7.00 EACH

WARM CHOCOLATE BROWNIE  829kcal Salted caramel, vanilla pod ice cream, chocolate sauce	
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AFFOGATO  581kcal Vanilla pod ice cream, espresso, chocolate sauce	
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ON SUNDAYS, WE ROAST

All our Sunday roasts are freshly prepared and served with roast potatoes, seasonal vegetables and gravy

TOPSIDE BEEF 1107kcal	19.00
HALF ROAST CHICKEN 1028kcal	17.00
SWEET POTATO & CHESTNUT  838kcal	15.00

SIDES

CAULIFLOWER CHEESE  319kcal	3.50
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 Suitable for vegetarians.  Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000kcal a day. **Allergen Information.** Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Menu descriptions do not contain all ingredients. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. All prices include VAT. A 10% discretionary service charge will be added to the final bill. All tips are retained by the grateful team.